

# Abundance Mindset

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**“ABUNDANCE IS NOT SOMETHING WE ACQUIRE. IT IS SOMETHING WE TUNE INTO.”**

- Wayne Dyer -

**Please write 10 things that you have an abundance of.**

Examples:

*I have an abundance of information at my fingertips every day. I can learn anything I want!*

*I have an abundance of clothes. I can stop buying clothes for years and never be without warm clothes.*

*I have an abundance of people who believe in me. They see me and know what I am capable of.*

*I have an abundance of time. I can allow myself to take the time I need to rest, play, heal, work, and create as I please.*

*I have an abundance of knowledge. I have learned and studied my entire life and I will never stop.*

*I have an abundance of experience. My life has been a RIDE and I am proud of the journey I have allowed myself to have.*

*I have an abundance of dreams. I have so many ideas, dreams, wishes, and fantasies. I can be inspired whenever I want!*

*I have an abundance of tools. I know how to take care of myself and dig myself out of any hard time I may be going through.*

*I have an abundance of magic in my life. Unexplainable synchronicities, beautiful coincidences, perfect days, and joy finds me whenever I get fully present.*

*I have an abundance of creativity. Ideas find me every day at the most random times and I am comfortable with expressing and sharing them*

# Abundance Mindset



## 10 THINGS I HAVE ABUNDANCE OF:

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.